

Centennial Community Improvement Association



CentennialNeighbourhood.com

Spring

CENTENNIAL NEWSLETTER

2023

HOUSING FIRST WINNIPEG INC

Home First Winnipeg is a non-profit organization that provides housing, meals and support services to individuals who have experienced chronic homelessness. We believe in a *Housing First Approach*...that is, regardless of the challenges that people may face with addiction, mental health or other issues, each of us deserves a safe home.

At the 390 Ross residence, we have 47 furnished units, 11 of which are accessible. All units come equipped with basic necessities. Social support providers may apply on behalf of a client by emailing info@homefirstwinnipeg.ca and requesting an application form, which will then be emailed to you.

Jill Hisco (she/her)
Executive Director
Home First Winnipeg Inc
390 Ross Avenue
Winnipeg, Manitoba R3A 0M8
jhisco@homefirstwinnipeg.ca
204-894-5250



CCIA ANNOUNCEMENTS



Located in Gord Dong Park, this Bulletin Board is another step in keeping residents, businesses and organizations informed and connected! Feel free to reach out to us if you have something to post.

CCIA Important Events

- 2023 Community Clean Up TBA
- 2023 CCIA Annual General Meeting TBA
- 2023 External Fix Up Grant Applications deadline: Saturday April 28, 2023 lottery: Saturday May 6, 2023
- 2023 Community Garden Applications deadline: Saturday April 28, 2023 lottery: Saturday May 6, 2023

PAULIN STREET LOTS

Built between 1899 and 1910, this beautiful brick and stone building was originally a bakery and biscuit factory. It's unique Romanesque Revival style and exceptionally sturdy construction has made it a staple of the Exchange District. Now it's ready for a new chapter. Careful updates and renovations have been made throughout to preserve its original aesthetics while introducing modern comfort and contemporary vibes. For all leasing inquiries please call

MRH Properties at
431-815-8905
or email info@paulinlofts.com



CENTENNIAL NEIGHBOURHOOD COMMUNITY GARDENS

Join the community garden in the Centennial neighborhood!
Grow your own organic vegetables!
Meet your neighbors!

- 🍷 Registration is required
- 🍷 Available spots will be decided by lottery
- 🍷 Applications by **April 28, 2023**
- 🍷 Draw on **May 6, 2023**
- 🍷 Winners will be notified and posted on the CCIA website

Locations: Gord Dong Park, 348 Pacific Ave
Elgin Avenue Garden, 395 Elgin Ave

Application form available at www.centennialneighbourhood.com/garden
By calling 204-806-5393 or email housing@centennialneighbourhood.com



The Elgin Community Garden provides a Compost Bin for use by the gardeners. Please be aware of the following:

- *Compost biodegradable plant matter only.*
- *Do not mix in plastics, gloves, or similar waste.*
- *Items are to be mulched since a greater surface area breaks down faster and this is easier to stir.*

Please leave any compost contributions in the dedicated area for garden volunteers to process.

Thank you!

Barb Greiss
CCIA Board Member
CCIA Garden Committee Member

SPRING SAFETY

As the weather warms up, the risk for outdoor injuries increases. Common spring time injuries include the following:

- Falling off ladders and roofs to clean
- Losing balance from stepping on cracks and/or landing on uneven ground
- Cyclists falling off their bike due to loose gravel, dips, and pot holes

PREVENTION

- Work with a partner or a group
- Wear proper footwear
- Avoid puddles that hide hazards
- Be extra aware of your surroundings when outdoors



Feeling more than mild soreness can indicate a true injury, which requires medical attention. Visit your Family Doctor or Urgent Care. If you need serious medical attention call 911 or go to your nearest Emergency Department.

Unsure of your injury or have health concerns?

**Call Health Links [Available 24/7]
@ 204-788-8200**



Contributor - Lisa Marie Cansino L.P.N.



Putting Community at the Centre

LEAH GAZAN

Your Member of Parliament Winnipeg Centre

892 Sargent Avenue
204-984-1675
Leah.Gazan@parl.gc.ca



You are Invited!

IRCOM LEARNING CENTRE

OPENING EVENT!

Thursday April 27, 2023

5:00 - 6:30 PM
357 Bannatyne



Drop by and visit our new Learning Centre, hosting Adult English Classes, Child Care on-site, and the Homework and Education for Youth Program. Come and go, yummy snacks, mini-tours, with a short program from 5:15 - 5:45 PM. Looking forward to seeing you!



CENTRAL COMMUNITY CENTRE - FREIGHTHOUSE

Evening Bingos are back!
CWCI Bingo
Monday | Tuesday | Thursday
Early Birds 7pm
Regular games 7:30pm
Canteen open

For current bingo pots, call Door #5 204-775-5095

For more information, visit the Door #5/6 web page.

Door 3 Door #3 is where all of our sports and children's programming for ages 12 and under are held. There is also a full sized gymnasium that is open for rental for leagues, family sports, or individual use. Gym availability varies.

SPORTS PROGRAMS

SCHEWA Wrestling

Monday | Tuesday | Thursday 7PM to 9PM
Open to all ages. Free registration for area residents.

MMA

Thursday - 5pm to 7pm
Open to all ages. Free registration

The Manitoba Aboriginal Sports & Recreation Council is also offering free program to our community families. They run programs on Saturdays 12:00-8:00 PM and Sundays 12:00-3:00 PM.

We are also hosting 3 soccer teams this season *U11/12 Girls Basketball Central CC/ Boys & Girls Club.*

Any questions about Door #3, feel free to call our staff @ 204-772-6884.

To register for *sports and gym rentals*, please contact our Sports Director, Yuri Sudermann at yuris@mymts.net
<http://www.centralcc.co/>

Weight Room

<https://legacy.winnipeg.ca/cms/recreation/facilities/leisurecentres/freighthouse.stm>



DUFFERIN SCHOOL - FAMILY ROOM

April Family Room



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| 3 Day 5 Classes Resume  | 4 Day 6 Traditional Parenting with Snowbird Lodge Family Room - 1:30pm | 5 Day 1 Families in the Kitchen Zoom - 1pm | 6 Day 2 Lunch Program Hot Lunch: Taco in a Bag | 6 Good Friday NO SCHOOL |
| 10 Day 3 | 11 Day 4 Traditional Parenting with Snowbird Lodge Family Room - 1:30pm | 12 Day 5 International Day of PINK PAC Meeting Room 6 - 3:45 p.m. | 13 Day 6 Families in the Kitchen Room 10 - 1pm | 14 Day 1 Non-Instructional Day No Classes |
| 17 Day 2 | 18 Day 3 Traditional Parenting with Snowbird Lodge Family Room - 1:30pm | 19 Day 4 Families in the Kitchen Zoom - 1pm | 20 Day 5 | 21 Day 6 Headdress Making with Denise Family Room - 9am to 3pm |
| 24 Day 1 | 25 Day 2 Traditional Parenting with Snowbird Lodge Family Room - 1:30pm | 26 Day 3 Bookmates "Sliding into Summer" Family Room - 1:00 pm | 27 Day 4 Families in the Kitchen Room 10 - 1pm | 28 Day 5  |

LOOKING AHEAD
Non-Instructional Day May 1
Victoria Day - No School May 22

Spring is here! Keep note of key events that have been setup for April 2023!





The CCIA Fix-up Grants are here!

Homeowners receive up to \$2500 to fix up your home and
Landlords receive up to \$5000 to fix up your rental properties in
Centennial and North Logan Neighbourhoods!

For details visit:
<http://www.centennialneighbourhood.com/announcements.html>










Dear Neighbour,

You are warmly invited to bring your ideas and inputs to make our Centennial and Alexander Neighbourhood a safer, stronger, friendlier, and more beautiful community to live in. Join us and become:

- a C.C.I.A. Board Member
- a Committee Member
Gardening, Safety, Media, etc.

We meet for just one hour every month. For those who prefer, you can stay connected through Google Meet! Otherwise we meet in person, purchase some food (typically pizza), and enjoy each other's company!

We are a group of resident volunteers. We believe in democracy and elect our Board every year. We are a passionate group doing what it takes to show Winnipeggers why Centennial is a place we choose to call home!

If you are interested contact us at
President@CentennialNeighbourhood.com

CCIA PRESIDENT'S MESSAGE

Good day everyone. I hope you are all keeping warm. As the snow slowly melts away, we are once again confronted with the challenges that arise when the weather gets warmer.

I would like to take the time today to discuss a difficult topic. Centennial is one of the top neighbourhoods of Winnipeg that has been impacted by homelessness, mental health and addictions issues. While there are many positive changes occurring throughout our neighbourhood, it is difficult to look past all the negatives.

An article in the Winnipeg Free Press from last month, highlighted Centennial's garbage reality. Concerns with overflowing garbage bins is nothing new. In 2022 many residents reached out to me, and it is clear the CCIA Community Clean-up is an event residents look forward to. Unfortunately the CCIA was unable to get one organized. I personally apologize for that shortcoming. This setback though, is not a reason to stop trying. With the help of my fellow CCIA Board Members, we will do our best to turn things around in 2023. We will make a Community Clean-up a priority.

In an effort to reduce cost and waste, the CCIA will no longer distribute paper applications door-to-door. Going forward, residents can access and submit digital applications via our website and e-mail. For those who require a paper application, they are still available upon request.

Miigwech and Mabuhay!
Vincent Rara

**DIVISION 11
COMMUNITY SUPPORT UNIT (CSU)**

The role of the CSU is to work with the community on crime suppressions strategies and sustainable solutions. This encompasses everything from encampments on private property, troublesome properties, and neighbour issues. Pretty much anything crime related and anything else the CSU may be able to help with. The Div 11 Community Support Unit consists of two shifts. While one shift is working, the other shift is on days off. They cycle through a day shift (7 AM to 5 PM) and an evening shift (4 PM to 2 AM). The shifts do a back to back day shifts (10 days) and then a back to back evening shift (10 days) and then repeat. There is only one shift working, either on days or evenings. If the issue in question falls under one of the WPS specialty units, such as the Drug Enforcement Unit or Guns and Gangs, the CSU can get that ball rolling too.

For more information, please contact:

MEET A COMMUNITY MEMBER!

Meet Sylvia. Originally from Nicaragua, Sylvia and her husband have lived and raised a family in the Centennial neighbourhood for 33 years! Sylvia and her husband were the previous owners and operators of *Manica*, a local business that refilled printer ink and toner for 17 years. Sylvia continues to live and work at a business in our Centennial neighbourhood. When you run into Sylvia, say "Hi!"



Sgt. Todd Martens #2272

**Winnipeg Police Service
Division 11**

**Community Support Unit / Foot Patrol
Unit / Domestic Violence Unit**

**Ph: 204-986-5424
tmartens@winnipeg.ca**





VIVIAN SANTOS

CITY COUNCILLOR - POINT DOUGLAS

CITY HALL, 510 MAIN STREET
WINNIPEG, MB R3B 1B9



204 986 8401



VSANTOS@WINNIPEG.CA
VIVIAN SANTOS.CA



Thank you Laurie Andrews for all your help in the 2022 gardening season as the Elgin Garden Captain. We look forward to working with Dr. Ken Hahlweg of Northern Connections Medical Centre (425 Elgin Avenue), who has graciously offered to take on Laurie's role for 2023. The CCIA would also like to recognize CCIA Board members Yemmy Oladele, Barb Greiss and Rupertsland Daycare's Limei Lin (Gord Dong Park Garden Captain) for their contributions.

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Interested in purchasing your own raised planter? Email gardening@CentennialNeighbourhood.com and we can arrange to have one manufactured by Holz Constructors Incorporated.



**Rupertsland Daycare Centre
201 Princess Street**